

# montgomery county road runners club

PO Box 1703 Rockville MD 20849  
Seneca Creek Marathon and 50-K  
March 1, 2008  
Club Race Entry Form

Name: (Last, First): \_\_\_\_\_ Age: \_\_\_\_\_

Address (Street): \_\_\_\_\_ Sex: \_\_\_\_\_

City, State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone #: \_\_\_\_\_ EMAIL: \_\_\_\_\_

MCRRC Member \_\_\_ Yes \_\_\_ No Bib #: \_\_\_\_\_

Projected Race Distance: \_\_\_ Marathon \_\_\_ 50-K (Runner can elect to change distance during the race)

No Strollers, baby Joggers, skates, pets, headsets, trekking poles permitted

I know that running is a potentially hazardous activity. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running including, but not limited to, falls, weather conditions, trail conditions, contact with other participants, the effects of the trail and traffic at road crossings, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf waive and release the Montgomery County Road Runners Club, plus all event partners, park authorities, sponsors, and volunteers, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, electronic/digital recordings, or any record of this event for any legitimate purpose without compensation to me.

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Signature (Must be signed by parent or guardian if participant is under age 18) \_\_\_\_\_ Date \_\_\_\_\_